**Effort = Success. Take Pride in your music.**

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Week of\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The “better” you practice, the better you become. Remember to stay positive! You should practice about 30-40 minutes on three different days.

Be truthful. This is for you.

**Day \_\_\_\_\_\_\_\_\_\_: Goal(s)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |
| --- |
| Problem Spots (the things I need to practice the most): |

Parent Initials \_\_\_\_\_\_\_\_; **How many minutes did you practice? \_\_\_\_\_\_\_\_**

**Did you accomplish your goal?** Yes, I mastered it I made some progress No, It needs more work

**Day \_\_\_\_\_\_\_\_\_\_: Goal(s)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |
| --- |
| Problem Spots (the things I need to practice the most): |

Parent Initials \_\_\_\_\_\_\_\_; **How many minutes did you practice? \_\_\_\_\_\_\_\_**

**Did you accomplish your goal?** Yes, I mastered it I made some progress No, It needs more work

**Day \_\_\_\_\_\_\_\_\_\_: Goal(s)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |
| --- |
| Problem Spots (the things I need to practice the most): |

Parent Initials \_\_\_\_\_\_\_\_; **How many minutes did you practice? \_\_\_\_\_\_\_\_**

**Did you accomplish your goal?** Yes, I mastered it I made some progress No, It needs more work

**Day \_\_\_\_\_\_\_\_\_\_: Goal(s)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |
| --- |
| Problem Spots (the things I need to practice the most): |

Parent Initials \_\_\_\_\_\_\_\_; **How many minutes did you practice? \_\_\_\_\_\_\_\_**

**Did you accomplish your goal?** Yes, I mastered it I made some progress No, It needs more work

**Day \_\_\_\_\_\_\_\_\_\_: Goal(s)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |
| --- |
| Problem Spots (the things I need to practice the most): |

Parent Initials \_\_\_\_\_\_\_\_; **How many minutes did you practice? \_\_\_\_\_\_\_\_**

**Did you accomplish your goal?** Yes, I mastered it I made some progress No, It needs more work

**Write Your Questions to Ask in Class**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Effort = Success**

**Be honest with yourself**

**This week I decided to be (Circle one) …**

|  |  |
| --- | --- |
|  **Awesome** | **Good**  |
| **An Awesome practicer… practices 3 or more times this week, sets good goals, uses a variety of practice strategies to improve their performance and works on new music.** | **A Good practicer… practices at 2 times this week, sets goals and uses practice strategies to improve their performance** |
|  **OK**  | **Poor**  |
| **An OK practicer… practices only once during the week, does not set clear goals or does not use practice strategies to improve their performance.** | **A poor practicer… does not practice, does not try to make their performance better and is not working at their full potential.** |